

INFORMATION ON MAVAW MEMBER ROBERT LEE MOULTRIE, M.D.

Robert Lee Moultrie, M.D.

He was born in Harlem, New York, graduated from high school in Ossining, New York, then received a Bachelor of Science in Chemistry with studies in Pre-Med. and Liberal Arts at Tufts University in Medford, Massachusetts, U.S.A.

He received his Medical Doctorate at Charles Drew/UCLA School of Medicine in Los Angeles, California and attended summer schools at Columbia and Harvard Universities.

From there he trained in Internal Medicine at Harlem Hospital in New York City. He then practiced medicine in the Native American community in Tahlequah, Oklahoma, did group and private practice in Upstate New York and practiced in Trinidad and Tobago.

However, he realized the best way to help a person was to empower that person and the best way to empower a person is to encourage one to take responsibility for their anger and happiness. He feels these are the two biggest areas of weaknesses that lead to illness. Not only do they lead to illness in the person but it extends to the family, community and mother-earth. In other words, low self-esteem and anger are the two foundational causes of illness and lack of peace in society and its '*spandemic*' levels in the world.

Dr. Moultrie has had the great fortune of being exposed to and learning about various cultures including varying economic backgrounds, people from every continent of the world, different racial backgrounds, different genders and orientation, different religious and spiritual belief systems including the studies of ancient cultures such as Kemet (Egypt) and Native America.

With this exposure and a continued interest in learning about people and himself, he has written a book and recorded audiocassettes to do '*people medicine*'. He is either involved with or shares his work at as many social and community groups or meetings as possible. The numbers in the United States and Trinidad and Tobago are too many to remember.

The Book

The Power and Influence of the Parent-Child Relationship

by Dr. Robert Lee Moultrie

Features of the book

Used to solve a family problem or conflict in the neighbourhood or as an academic resource

What are some of the Features of the book?

- **It's Interactive with the Reader**
- **It Causes You to Look at You**
- **It Causes You to Think**
- **It's in Easy and Friendly Language**
- **It Has Research and Statistics That Are Not Intimidating**

What are some other features of this book?

- **It Shares Real Life Cases and Examples**
- **It is Filled with Healing and Solutions**
- **It is Non-Judgmental in Tone**
- **It has Quotes from Many Cultures and Religions Around the World**
- **You Can Apply It Now!**

There is also

- **Indexing for Quick Referencing for personal or professional research**
- **Each Section Is Short, Quick to the Point**
- **For All People from Parents – No Matter the Culture, Religion, Gender**

After many years of research, discussions with peoples of various walks of life, dialogues, consultations, listening and honestly grappling with life's questions, I decided to put an audio series together on four basic topics I feel are having the most significant influence on humankind at this present time in history.

The series on CD's include an intense look at from multiple angles of the following titles:

- ❖ **Shades of Anger**
- ❖ **Self Esteem**
- ❖ **Fatherhood**
- ❖ **A Wealth of Health,**

and the book, *The Power and Influence of the Parent-Child Relationship*.

Fatherhood issues are the #1 Family and Psychosocial Disorder contribution to society for not only men and boys but women and girls as well.

Herbs, Good Food and Exercise are important and great to enhance but it is not enough for optimal health. There are many more factors including the influence of others around us at home and work.

Anger is the #1 worldwide disease that splits the mind and causes mental and social disorders, splits cells and contributes to cancer and most other diseases, splits families and relations and leads to much social distress inclusive of violence.

What are some of the Features of the CD's?

Self Analysis

These series are designed for self analysis. Many people are asked or trained to be in positions to help others-such as social workers, doctors, lawyers, magistrates and judges, police, army, religious leaders, teachers, even parents- but no one has programs to help the helper or guide the appointed leader to work on themselves while helping others. After all, the truth of why we want to help others is that there is some need that this fulfils

for our own hurt perhaps. If one tries to help others without working on themselves they may bring disbelief, distrust, invalidation and arrogance to a certain segment of society as the teacher. This can have disastrous effects on the susceptible and yet learning by addressing one problem on the one hand while breeding negative anger on the other hand. The need for self analysis while helping others is a must for any form of healing a community.

Self Analysis and Personal Growth are a must for all people.

What are some other features?

Promotes honesty by encouraging honest self reflection

It doesn't judge you.

It helps you to think and connect cause and effect relationships.

It is in easy and clear word use.

It incorporates the issues of all people taking into account religions, ethnic, gender and diverse belief differences.

It encourages self analysis, which is key to growth and change.

It is in short, to the point topics.

It speaks of your experiences or the experiences of someone you know.

There is a host of various types of research involved but the information is presented in a non threatening manner for use by all.

It is practical.

It is filled with solutions for now.

It is filled with hope.

Most have included the beautiful sounds of nature in the background!

...And some say, the author has a nice voice...

THE COURSES

In a continued interest in doing my part in this life to help people be happy, several courses are offered. Each course takes information from a variety of angles, with an emphasis in basing sharing on true, actual and present experiences of the listener's daily life.

A lot of emphasis is placed on the presentation and underlying intentions to the audience. These are described in the Course Objective Overall sections at the end of each description.

Why? Because relaying information is not enough. Many people complain or silently suffer when they are seeking information and feel belittled in the process. This defeats the whole purpose of the sharing in my view. Communication is very important and as such what the participants have to say and share is a valuable part of my courses and workshops.

The topics chosen are the one's I have found to be pressing underlying issues with a variety of people from professionals to non-professionals. These are a brief outline of some of the courses offered.

As many years and a lot of research of various kinds and lots of work on effective communication while working on some weaknesses of my own, participants have found the information relayed in a very positive and profound way.

Many walking out and years later sharing that they still have been consistent with changes from the workshop!

Your school, organization, business, group as well can benefit from these life changing series.

Contents

Course Description

Course Objective Anger Transmutation

Goal Setting and Accomplishing Them Course Objectives

Prosperity Enhancement Course Objective

Self Esteem Course Objectives

A Wealth of Health Course Objectives

Understanding, Protecting and Forming a Relationship With the Environment and Mother Earth Course Objectives

The Power and Influence of the Parent-Child Relationship Course Objectives

Fatherhood Course Objective:

Co Parenting Course Objectives